

## Child and Youth Care Workers' Association of Manitoba



## ISSUE

Winter 2022



### Message from the Vice-President

We are excited to announce CYCWAM has reserved 10 spots for:

**Find Your Professional Groove** a four-hour workshop with Frank Delano (via Zoom) on February 1<sup>st</sup>. I had the good fortune of attending one of his workshops in the fall and I agree with the following testimonial from his website: [www.frankdelanotraining.com](http://www.frankdelanotraining.com)

*Frank's facilitation skill is unparalleled. His skill set is broad, and he facilitates a highly interactive course, and leaves an unforgettable message that transforms organizations. Frank finds the common human experience and can effortlessly engage CYC's, facilities staff, and executive directors in the same course in the same room at an equally high level for each. Frank uses his power as an international phenom, to promote a standard of excellence in the field that many have forgotten.*

January is the time to renew your CYCWAM membership - or perhaps become a member for the first time. The first ten CYCWAM members who request a spot will attend the workshop which will be paid by CYCWAM. (Space is limited – so act quickly).

Chelsea Champagne (She/Her)

CYCWAM is pleased to present:

**Frank Delano**

Finding Your Professional Groove: Developing Excellent Time Management Skills

**Tuesday February 1<sup>st</sup>**

11:00 AM to 3:00 PM

What Does it Mean to be a CYCWAM Member?

**Victoria Gonzalez**

Director at large



### Become a member:

Visit: [www.cycwam.org](http://www.cycwam.org) Pay for your membership via e-transfer to [treasurer@cycwam.ca](mailto:treasurer@cycwam.ca) be sure to include your completed Membership Form

CYCWAM mailing address: PO Box 33002 Polo Park PO Winnipeg, Manitoba R3G 3N4 E-mail: [info@cycwam.ca](mailto:info@cycwam.ca)

Follow us on Facebook and Instagram @CYCWAM

<https://www.facebook.com/Child-and-Youth-Care-Workers-Association-of-Manitoba>

# What does it Mean to Become a CYCWAM Member?



As humans, we are driven to belong. We see it in the children and youth we work with, and as professionals, we also want to have that sense of belonging in our field. This is what motivated me to become a CYCWAM member as soon as I started studying to become a child and youth care practitioner. Throughout my time pursuing my CYC diploma, I realized the depth of the career I had chosen. It wasn't just about helping kids; it was about advocating for the people that worked supporting them as well. Self-awareness is a crucial skill in this field and knowing you are not alone when you struggle or feel overwhelmed as a professional, is key to staying grounded and balanced. By becoming a member, I gained that sense of belonging and support and it was later an honor to become a Board Member and be able to take part in advocating for my colleagues.

One of the first phrases I heard in class was "Adults are children grown up" and it made total sense to me that we bring what we've experienced in our lives to our workplace. Without support and guidance, those experiences could hinder us from positively influencing our clients. As CYCWAM members, we have access to a network of people doing the same thing we do, workshops, conferences and academic content that will help us be the best version of ourselves in our profession.

The medicine wheel teaches us to be balanced in the four quadrants of our lives: spiritual, emotional, mental, and physical. The nature of our work doesn't allow us to separate the human being from the professional, so I think as CYCs we can do a better job at helping our clients belong, when we can feel we belong to something bigger than ourselves, and we know that we also have peers who support us.

I encourage everyone to become a member at CYCWAM not only for themselves, but for their fellow colleagues. When you "Pay it forward", you could be impacting someone that tomorrow - will be impacting someone else too."

**Victoria Gonzalez**  
**Member-at-large**  
**CYCWAM Board of Directors**

*CYCWAM is very grateful for the ongoing support of our Corporate Sponsors over the years. Additionally, many agencies in Winnipeg and Manitoba have demonstrated their commitment to the professional development of their staff by sending CYCPs, Family Support Workers, Therapists and other members of their team, to our provincial conferences. We look forward to your participation at our conferences and workshops in the future.*

*In gratitude,*

*Susan Claire Johnson CYCWAM volunteer*

We respectfully recognize that the places we work are located on original lands of Anishinaabe, Cree, Oji-Cree, Dakota and Dene peoples, and on the homeland of the Métis Nation.



Jessie Home



Neecheewam



Peacepipe Family  
Wellness Centre

